

Testimonial: Electro-Accupuncture according to Voll (EAV)

Olaf the Viking

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Introduction

I developed Lyme disease which I could significantly reduce by alternative approaches such as Samento and Salt/C therapy (a novel experimental therapy from USA which involves oral dosing of salt and vitamin C). Even though I could regain functionality and well-being from ca. 20% to 70%, I still had the feeling that there were several significant issues not yet properly addressed. For that reason, I decided to undergo an EAV-based testing and therapy to advance my progress even further.

Short case description before EAV

Until age of 18 I had not had any health problems worth mentioning (except the usual child's age diseases and two bone fractions which healed well).

At the age of 18, I had 6 amalgam fillings placed.

First negative changes in my health and well-being I observed during my military service (age 19). I contribute this to an acute infection with EBV virus which became chronic (#1).

The symptoms persisted till the end of my military service. Shortly afterwards I regained most of my health, but I still had the impression that something was different: I was more sensitive to cold air drafts, and would get "the flu" more frequently than previously.

At the age of 26 I was beaten by a tick which eventually resulted in infection with Lyme disease (#2). In the first two years after the tick bite (2000-2002) I just felt "strange", just as if I would be aging 10 years in one year (less stamina, less strength, even more sensitive to colds, etc).

In the next two years (2002-2004) my health condition worsened significantly. I developed symptoms of CFS, with flu-like symptoms persistent some 10 months per year during this period.

Then, in the fall of 2004, I literally crashed. I spent some 6 months in bed and lost over 20 pounds. On good days I would be able to just get up and get (by car) to the next grocery store, on bad days it was a struggle for me to get up and make some tea.

In February 2005 I was put by my physician on Doxycyclin (2 * 100 mg a day, for 4 weeks), but the antibiotics were not making any difference. My subjectively felt level of functionality was some 20% at that time, and getting worse.

Thus in March 2005 I began "self-treating" myself using several alternative protocols. First I began to take Samento. This stopped my health decline and brought the first improvement. However, after several weeks I plateaued. So I discontinued it.

In the autumn of 2005 I started the Salt/C protocol. In the first 10 months on Salt/C I had quite a spectacular success, reaching some 70-80% of functionality (#3). Then, however, I plateaued again, albeit on a much higher level than before.

(One interesting observation: Strong immune response is usually associated with fever. Since my EBV infection in the military my body temperature was always below normal, even in case of illness. After 8 days of Salt/C I had my first Herxheimer reaction which was accompanied by high fever. So Salt/C definitely seems to have strengthened my immune response.)

From 2005 to 2007 my health has continued to hover at the same level. The remaining symptoms were: sensitivity to cold air drafts, cold temperature in general, and sudden temperature changes.

EAV test

The EAV test revealed several noxa such as mercury, herpes viruses, Lyme bacteria (#4), zinc deficiency (#5), and other.

Nosode therapy

Nosode is a homoeopathic preparation of a particular noxe such as a virus, bacterium, or toxin. If it is known that patient is exposed to a certain noxe, then very often a significant improvement (or even complete healing) can be achieved by administering nosodes of that particular noxe, beginning with low potencies and working up to higher potencies.

The nosode therapy prescribed to me by my EAV physician contained nosodes of all noxa found during the EAV test; the therapy duration was 10 weeks. I started the therapy in October 2007 after having my amalgams removed. During the therapy I could make several interesting observations:

- 1) Some 5-6 days into the therapy I developed a very strong metallic taste in my mouth; this taste disappeared some 2-3 days after the therapy was finished (clearly consistent with mercury detoxification)
- 2) In the first week of the therapy, my throat lymph nodes were enlarged and inflamed (clear sign of an immune reaction)
- 3) Some 2 years before the therapy I had developed a red, palm-sized, itching area on my chest, changing in intensity, quite similar in appearance to a skin allergic reaction; this disappeared during the therapy
- 4) Each time whenever I administered the weekly nosode injection, some 30 minutes later I could feel a real “boost”: a very pronounced uplifting of energy and overall well-being which would last till the end of the day
- 5) An overall sense of being stronger; after two winters which I “survived” taking colloidal silver to protect myself from colds and flu, now I felt strong enough to get through the winter without colloidal silver.

During the therapy I drank no alcohol, tried to have a nutritious diet based on good meat, fish, eggs, and lots of fruit and vegetables. I also took (in addition to Salt/C) magnesium, zinc, and liberal amounts of cod liver oil. To support mercury detoxification I was taking Chlorella, some 5-10 grams in the morning.

Overall, I saw several improvements, and my subjectively felt level of functionality increased from 70% to 85% during the therapy. I had no colds or flu during the therapy. The therapy ended on 24th December 2008.

After the therapy

Several interesting things happened after the nosode therapy:

- 1) Just after the therapy (on 26th December) I had to go to Poland for a wedding. Actually I did not want to (as I knew it would mean lots of drinking and heavy, fatty food, and I thought it would not be optimal just after the therapy), but I had to. Already in Poland, I decided to stay a few days after the wedding to visit my old friends there. I think it was a little too much of a good thing, and I got sick for 3 days, with symptoms of liver overload (nausea when eating fatty food, etc.). After taking Modifilan (a seaweed extract for detoxification) all symptoms disappeared within 8 hours.
- 2) One week after my return from Poland I got a cold (or maybe even flu) with severe opportunistic bacterial infection in the sinuses. It was the worst illness I had since the winter of 2004/05 (when I crashed with Lyme), with high fever, pronounced weakness, and strong sinus involvement. I had to call in sick for 2 weeks.
- 3) After this illness I felt as if I had done no therapy at all, back again at 70%. In addition to that, the sinus area has become very sensitive to cold and air drafts.

Comments

I can think of several reasons why the positive effects of the nosode therapy did not last:

- 1) The period immediately after a nosode therapy may be a crucial period during which the gains obtained during the therapy need to be “stabilized”. Instead of supporting myself with rest and good nutrition during this period, I went to Poland for a party.
- 2) It is possible that the mercury detoxification was not thorough enough. I used mercury nosodes from D10 to D200. However, I have read articles by alternatively oriented dentists that it is sometimes necessary to go higher than D200 to achieve full mercury detoxification and disappearance of symptoms. There are even cases described where it was necessary to go beyond D2000.
- 3) It is also known that mercury itself possesses antiviral and antibacterial properties, similar to colloidal silver. For example, mercury administration was standard treatment for syphilis in the 19th century. So even though in the long run it is very beneficial to get rid of mercury, immediately after successful detoxification viral or bacterial infections may temporarily flare up.
- 4) Or maybe I overestimated my gains obtained during the therapy when deciding not to take colloidal silver in winter time. The result was a very strong cold with severe opportunistic bacterial infection of the sinuses. Such infection certainly has the potential to weaken the immune system for a while and make the involved area (sinuses) more sensitive.

Resume

Although the gains obtained during the therapy vanished shortly afterwards, I am still glad that I made it:

- 1) My reactions to the nosodes as well as the improvements during the therapy are a clear sign that the EAV testing correctly identified relevant noxa.
- 2) Clear signs of mercury detoxification (such as very strong metallic taste) mean that a significant amount of mercury has left my body.
- 3) Some of the gains experienced during the therapy continue till today (e.g. the disappearance of the red itching spot on my chest)
- 4) Overall, EAV testing and nosode therapy were quite an interesting experience.

Current protocol (as of May 2008)

My current protocol can be roughly divided into two parts: active and supportive. By “active” I mean ingredients which have direct effect upon pathogens; by “supportive” I mean good nutrition, vitamins and minerals, etc.

Active:

- 1) Salt/C (some 15 grams of salt and 20-30 grams of vitamin C)
- 2) Olive leaf extract
- 3) Chili (very hot, like habenero) as spice

Supportive:

- 1) Multivitamin (Life Extension Mix)
- 2) Additional vitamin E (natural mixed tocopherols and tocotrienols)
- 3) Bee pollen
- 4) Cod liver oil (in the winter time)

In my diet I try to concentrate on quality meat, fish, and eggs, combined with liberal amounts of fruits and vegetables (I love sauerkraut).

Current status (as of May 2008)

It is a little difficult for me to precisely describe my current health status. On the one hand I have made tremendous progress compared to where I was some 3 years ago. Parametrically (blood test, organ functions, etc) I am also in quite a good shape.

Yet at the same time I am still relatively sensitive to such factors like cold air drafts (for example I cannot sit at an open window in winter). If I can avoid these factors, then I feel really good. If I cannot, then they make me feel as if I had a cold (usually a rather mild one).

The good thing is that now I “recover” much faster than in the past. When in the past 2 hours at an open window would make me feel like I had a cold for 7-10 days, now it is usually more like 1-3 days, and the symptoms are much less pronounced.

Nevertheless, I am able to lead a productive life and have a demanding full-time job as engineer which includes frequent trips by plane to different countries.

Currently I plan to continue my protocol as outlined above through the summer; I do not want to experiment too much during vacation time. I plan to visit a few alternatively oriented practitioners in the fall and make some tests to clarify the underlying “root cause” of the few remaining issues I still have.

Cowboy Up
Olaf the Viking

References

#1)

Shortly after I had begun dating a new girlfriend (after 4 years without any intimate contact), I developed flu-like symptoms which would not go away for weeks. I hypothesize (given both the circumstances and subjectively felt symptoms) that it was acute stage of an EBV infection (also known as “kissing disease”).

As the infection was not accompanied by fever, any complaints were dismissed by the military physician in charge. Having to fully participate in military training during the acute stage of an EBV infection, and mercury from amalgams, may have been factors responsible for the EBV becoming chronic.

#2)

Three weeks after tick bite pronounced Erythema Migrans developed, four months later the adjacent lymph node was swollen. I was started on a three-week course of antibiotics (Doxycyclin, 100mg twice daily) by my physician. (However, Lyme disease at this stage sometimes requires a much more aggressive antibiotic treatment to be eradicated)

Five years after tick bite I had two independent blood test for Lyme done within one week: the first test (ELISA) was negative, the second test (ELISA + Western Blot) was positive. This is quite consistent with the assumed accuracy of current Lyme tests of ca. 50%.

Also, my symptoms were quite consistent with chronic Lyme infection.

#3)

Even though I write that my overall health has stabilized at some 70-80%, time and again I would have periods of some 1-3 weeks (mostly in the summer) during which that level was much more like 95-100%. During one of such periods, in the summer of 2006, I went to London for a one-week trip and felt just great.

#4)

The fact that after 2 years on Salt/C Lyme bacteria could still be detected by EAV may be interpreted by some as indication of lack of efficacy of the Salt/C protocol against Lyme. However, this is not the only possible interpretation. I would like to offer two alternative interpretations:

a) Many researchers in the field of informative or energy medicine distinguish between chemical level and informational level. A good example thereof is a homoeopathic preparation of a certain substance (e.g. zinc). At the beginning, the substance is purely in the chemical level. With each consecutive dilution (called potency) the chemical aspect decreases and the informational aspect increases, until (beyond the potency D23) only the informational aspect exists.

Some researchers claim that the same is true for pathogens such viruses and bacteria: it is possible that they are physically eradicated within the body (chemical level), but that the “information” about the pathogens is still present. Some even suppose that many of the relapses observed after a successful treatment may be caused by reactivation of the pathogen pattern still present on the informational level.

Conventional diagnosis methods (like blood test) can only detect pathogens on the chemical level, but informative-based methods (such as EAV or kinesiology), when done properly, are capable of detecting pathogens on the informational level, too

Thus it seems possible that, in my case, the Lyme bacteria were physically eradicated by Salt/C, but that the Lyme pattern was still present on the information level; this pattern was then detected by the EAV.

b) Lyme bacteria are capable of forming several survival forms such as CWD-forms (cell wall deficient) or cysts. Such forms have very slow metabolism (thus they generate virtually no symptoms at all) and can survive very long time before turning to the normal spirochete form again.

It is possible that a few of these survival forms are still present within my body, and that EAV detected them.

#5)

In the informative medicine, a lack of a certain nutrient (e.g. zinc) can exist on several levels:

- a) there is not enough zinc in the diet (chemical level)
- b) there is enough zinc in the diet, but it cannot be absorbed in the intestines (chemical level)
- c) enough zinc is being absorbed, but there is deficiency in other co-factors which are necessary for the zinc to be utilized (chemical level)
- d) due to factors such as infection (acute or chronic) the need for a certain nutrient may far surpass the standard recommendations (chemical level))
- e) the body lacks the information about how to utilize zinc efficiently (informational level)

So it is well possible that EAV will detect deficiency of a certain nutrient even though there is enough of that nutrient in the diet.

END