

## CONDENSED COWDEN SUPPORT PROGRAM INSTRUCTIONS

- ▶ As soon as you receive the kit for each month, immediately open the box, remove, and succuss any bottles which have a sticker labeled "INFUSED". Instructions on how to succuss infused products are at the bottom of this page.
- ▶ Before each use shake the liquid products well.
- ▶ Mix the liquid products together in a glass, porcelain or paper cup (not Styrofoam, plastic or metal) then add at least a ½ cup (4 oz./120ml) of water (preferably mineral water and not distilled water). Let the blended products and water sit for 1 minute before drinking (longer is fine). Minimize your exposure to plastics (try to drink from glass as much as possible and try not to eat or drink food / fluids that have been in plastics) The products are most effective when taken in water. The products can be taken directly in the mouth without water, but this should only be done when water is not available.
- ▶ Check the "Done:" box on the Program Schedule sheets after taking each dose so that there is no confusion as to whether the dose has been taken. Background color changes on the schedule represent a change from what products were taken at the same time the previous day.
- ▶ If feeling toxic (headache, muscle ache, nausea, joint ache, etc) the program can be stopped if desired, then take 10 drops of **BURBUR** or **PARSLEY** in water or under the tongue every 10 min. until feeling better and then resume the program. If the symptoms do not resolve by the time of the next scheduled dose of the **MICROBIAL DEFENSE** products then skip that one dose. If this happens more than once then consider increasing the dosage every 1-2 days instead of every dose.
- ▶ Drink 3-4 liters (quarts) of pure water daily (preferably mineral water and not distilled water).
- ▶ Please note that **ZEOLITE** used from day 4 through day 46 is a different product from **ZEOLITE HP** which begins on day 49.
- ▶ Avoid common food allergens - all cow milk and cow cheese products, most wheat products, all corn products (corn oil, corn starch, and corn syrup), peanuts and peanut oil (most oriental foods), soy products (it is a common filler in fast food restaurants), black pepper, white pepper, sugar (may substitute NutraMedix **STEVIA**).
- ▶ The first bottle you receive of the following products: **BANDEROL, SAMENTO, MORA, ENULA, CUMANDA,** and **QUINA** will be infused and there will be an "INFUSED" sticker on the label of these bottles. These are the master bottles and should be kept as the bottles in use indefinitely. Only 2 of these 6 products are used on any given day.
- ▶ Master bottles should be succussed every 3-4 days if they are in use. Succussion (suc-cus-sion / su-kush'un) is the rapid and forceful striking of the bottle against a firm surface or palm of the hand fifty or more times. **Remember to be cautious when succussing glass bottles.** Use a firm padded surface, like your hand, but not a hard surface.
- ▶ When ¼-⅓ of an inch of liquid is left in the bottle, refill the bottle using the liquid from a new bottle of identical product and then immediately succuss fifty or more times. The last ¼-⅓ of an inch of liquid in the first bottle is the basis for making your second bottle of infused product as described above. Do NOT use all of the liquid in the Master bottle before blending with the contents of the second bottle. The bottle should be succussed each time it is refilled and again every 3-4 days thereafter if it is in use.
- ▶ Many users choose to continue the program beyond the 6<sup>th</sup> month. To facilitate this, make sure to keep all Master bottles with a minimum of ¼-⅓ of an inch of product in each one for future use.
- ▶ **IMPORTANT:** Reorder products for your next month two weeks in advance to ensure no interruption of the program.
- ▶ **OPTIONAL NUTRAMEDIX PRODUCTS:** For extreme fatigue, 20 drops of **ADRENAL SUPPORT** can be taken, twice daily 10-15 min. before breakfast and supper. For stress and difficulty sleeping, 15 drops of **AMANTILLA RELAX/SLEEP** can be taken 4 times daily, after meals and 30 min. before bedtime.

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

START DATE

M:

D:

Y:

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
1	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
2	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
3	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
4	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	1 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 1 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	2 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 2 drop 10 drops 2 caps
5	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	3 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 3 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	4 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 4 drop 10 drops
6	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	5 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 5 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	6 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 6 drop 10 drops
7	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	7 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 7 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	8 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 8 drop 10 drops 2 caps
8	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	9 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 9 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 10 drop 10 drops
9	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	11 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 11 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	12 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 12 drop 10 drops
10	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	13 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 13 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	14 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 14 drop 10 drops 2 caps
11	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	15 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 15 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	16 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 16 drop 10 drops

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
12	BANDEROL	17 drop	PARSLEY	10 drops	BANDEROL	18 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	17 drop	MAGNESIUM	2 caps	SAMENTO	18 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
13	BANDEROL	19 drop	PARSLEY	10 drops	BANDEROL	20 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	19 drop	MAGNESIUM	2 caps	SAMENTO	20 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
							Done: ▶	
14	BANDEROL	21 drop	PARSLEY	10 drops	BANDEROL	22 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	21 drop	MAGNESIUM	2 caps	SAMENTO	22 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
15	BANDEROL	23 drop	PARSLEY	10 drops	BANDEROL	24 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	23 drop	MAGNESIUM	2 caps	SAMENTO	24 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
2	<b>BEST TIME TO REORDER PRODUCTS FOR MONTH 2</b>							
16	BANDEROL	25 drop	PARSLEY	10 drops	BANDEROL	26 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	25 drop	MAGNESIUM	2 caps	SAMENTO	26 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
							Done: ▶	
17	BANDEROL	27 drop	PARSLEY	10 drops	BANDEROL	28 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	27 drop	MAGNESIUM	2 caps	SAMENTO	28 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
18	BANDEROL	29 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	29 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
19	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
							Done: ▶	
20	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
21	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
22	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	2 caps
23	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
24	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
25	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	2 caps
26	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
27	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
28	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	2 caps
29	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
30	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
31	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	2 caps

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
32	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
33	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
34	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	<b>2 caps</b>
35	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
36	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
37	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	<b>2 caps</b>
38	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
39	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
40	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		<b>ZEOLITE</b>	<b>2 caps</b>
41	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
42	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
43	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 30 drop 10 drops 2 caps
44	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
45	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
3	<b>BEST TIME TO REORDER PRODUCTS FOR MONTH 3</b>							
46	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 30 drop 10 drops 2 caps
47	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
48	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
49	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drop 10 drops 2 caps
50	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
51	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
52	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
53	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
54	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
55	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
56	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
57	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
58	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
59	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
60	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
61	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
62	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
63	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
64	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
65	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
66	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
67	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
68	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
69	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
70	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
71	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**



# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
72	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
73	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drop 10 drops 2 caps
74	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
75	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
4	<b>BEST TIME TO REORDER PRODUCTS FOR MONTH 4</b>							
76	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drop 10 drops 2 caps
77	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
78	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops
79	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
80	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
81	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
82	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
83	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
84	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
85	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
86	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
87	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
88	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
89	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
90	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
91	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
92	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
93	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drop	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MORA	30 drops	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
94	BURBUR	10 drop	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	QUINA	30 drops
					SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
95	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
96	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
97	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
98	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
99	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
100	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
101	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
102	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
103	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
104	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
105	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
5	<b>BEST TIME TO REORDER PRODUCTS FOR MONTH 5</b>							
106	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
107	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
108	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drop	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap	Done: ▶		Done: ▶		Done: ▶	
	Done: ▶							
109	BURBUR	10 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	SAMENTO	30 drop
	Done: ▶		Done: ▶		SERRAPEPTASE	1 cap	SPARGA	10 drops
					Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
110	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
111	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
112	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
113	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
114	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
115	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
116	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
117	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
118	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
119	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
120	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
121	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
122	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drop 10 drops
123	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops
124	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
125	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
126	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
127	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
128	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
129	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
130	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
131	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
132	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
133	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
134	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
135	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
136	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
137	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
138	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MORA	30 drops	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
6	<b>BEST TIME TO REORDER PRODUCTS FOR MONTH 6</b>							
139	BURBUR	10 drop	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	QUINA	30 drops
					SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
140	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
141	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
142	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
143	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
144	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
145	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
146	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
147	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
148	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
149	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
150	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
151	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**



# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
152	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	ENULA	30 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	QUINA	30 drops	MAGNESIUM	2 caps	QUINA	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
153	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drop	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
154	BURBUR	10 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	SAMENTO	30 drop
					SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
155	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
156	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
157	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
158	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
159	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
160	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
161	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
162	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
163	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
164	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
165	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
166	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
167	BANDEROL	30 drop	PARSLEY	10 drops	BANDEROL	30 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drop	MAGNESIUM	2 caps	SAMENTO	30 drop
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
168	BANDEROL	30 drop	PARSLEY	10 drops	BURBUR	10 drop	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap	Done: ▶		Done: ▶		Done: ▶	
	Done: ▶							
169	BURBUR	10 drop	PARSLEY	10 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MORA	30 drops	PINELLA	10 drops
	Done: ▶		Done: ▶		SERRAPEPTASE	1 cap	SPARGA	10 drops
					Done: ▶		ZEOLITE HP	2 caps
							Done: ▶	
170	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
171	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
172	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		ZEOLITE HP	2 caps	Done: ▶
173	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
174	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
175	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		ZEOLITE HP	2 caps	Done: ▶
176	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
177	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
178	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		ZEOLITE HP	2 caps	Done: ▶
179	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
180	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		Done: ▶		Done: ▶
181	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶	Done: ▶		ZEOLITE HP	2 caps	Done: ▶

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**

# ▶ CONDENSED COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
182	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
183	BURBUR MAGNESIUM MORA SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops
184	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drop 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
185	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
186	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
187	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
188	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
189	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
190	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 30 drops 2 caps 1 cap	PARSLEY PINELLA QUINA SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
END DATE: ▶		M:		D:		Y:		

**THIS PROTOCOL IS NOT EFFECTIVE UNLESS YOU ARE DRINKING 3 LITERS (QUARTS) OF WATER THROUGHOUT THE DAY**