

Laser Energetic Detoxification: Rapid Detoxification with Lasting Results

© By Eve Greenberg, M.A., H.M.A., Staff Reporter for EXPLORE! Publications, USA



In Laser Energetic Detoxification (LED), a diagnostic and treatment method developed by W. Lee Cowden, M.D. of Chandler, Arizona, laser light passes through a clear glass vial of homeopathic substance and sweeps the patient's body so the body can release and/or resolve substances that are affecting the patient. The substances to be swept are determined by kinesiology or electrodermal screening. Toxins, allergens, autoimmunity and even infections may be resolved. A treatment takes 3-5 minutes. According to Dr. Cowden, LED is a safe and highly effective rapid detoxification therapy that removes many toxins in 24 hours that otherwise might take 50-100 days to release.

"We live in a toxic environment," explained Dr. Cowden. "We eat a diet full of refined white flour, sugar and dairy products, and our foods may be polluted by herbicides, pesticides, chemical fertilizers, hydrogenated oils and oxidized fats that are toxic. We breathe fumes from the automobiles around us. We have mercury toxicity from the amalgams in our teeth. As these pollutants enter our body, we experience cognitive difficulties, suppressed immune systems, headaches, gastric disorders and many other problems. When the immune system is suppressed, cancers and many other serious diseases are more likely to occur. We need to detoxify the body to work towards attaining optimal health."

The results of Laser Energetic Detoxification speak for themselves. A 45-year-old man came to Dr. Cowden complaining of peripheral neuropathy. For years he had washed engine parts in gasoline without gloves on his hands. During an LED treatment for gasoline, so much gasoline fumes came out of his skin and breath that the technician and the patient both had to leave the treatment room. With the LED treatment, his peripheral neuropathy improved.

A 60 year old woman with Parkinson's tremor experienced a 50% improvement after one mercury LED treatment. After her second LED (for DDT) only 10% of her tremor was left, and the tremor remained minimal after that.

A 3 ½ year old autistic boy was not toilet trained, could not speak words, feed himself or play. At the end of the second LED for mercury, he pointed to a toy dog in the room and said, "Doggie." He had LED's for many toxins and vaccines. By the age of 5, he was outperforming his classmates in a regular school and was essentially normal.

How Does LED Work?

Dr. Cowden explained the intricacies of this detoxification method, first developed in 2001, in a seminar held July 14-16, 2006 in Scottsdale, Arizona. Unlike pharmaceutical medicine, which works primarily by chemically blocking or stimulating biochemical pathways in the body, LED works on the quantum physical properties of the body (as shown by Cyril Smith, PhD in his book *Electromagnetic Man*). Also LED carries information into the cells of the body via photons (light) very similar to the biophotons produced by each human cell. Fritz-Albert Popp, PhD and others have proven that the biophotons produced by human cells are responsible for information transfer between cells and tissues that then regulates cell growth, cell differentiation, and biochemical activities (such as cellular detoxification).

"Initially LED was done with a single homeopathic dilution of a toxin," Dr. Cowden said. "After a year or so, it was observed that if the proper detoxifica-

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tion support was given to the patient, an all X/all C homeochord of a toxin could be used with the LED treatment and still have good patient tolerance and even faster detoxification results. If the same homeochord was given to the patient sublingually, the reactions were much more violently harsh and not tolerated. It became obvious that the body was somehow able to take only the energy harmonics that it wanted from the homeochord when delivered by laser into the body, not when delivered by drops."

The diagnostic process uses kinesiology (either muscle testing) or electrodermal screening. The patient is tested against various toxins that show up in the body. Key findings help indicate whether make the rapid laser detoxification would likely be helpful for a patient.

The foremost example is sulfa antibiotic residual in the body. It appears that the presence of sulfa drugs in the tissues prevents the affected person from being able to effectively take up into their tissues sulfur-containing nutrients and detoxification substances such as methionine, cysteine, N-acetyl cysteine, taurine, L-glutathione, lipoic acid, MSM, dimercaptosuccinic acid (DMSA), dimercapto-propane sulfonate (DMPS) or dimethyl sulfoxide (DMSO). Since the effective uptake into the tissues of some of these substances is essential to detoxification of heavy metals and other toxins, and since heavy metals and other man-made toxins cause such severe health challenges, the treatment for sulfa antibiotics and sulfa diabetic drugs comes first, and can be essential for recovery.

Another key finding is that many chronically ill patients develop auto-immunity toward their own neurotransmitters, their own hormones, their own endocrine glands and their own organs. If this has happened, the patient will muscle test very weak to that neurotransmitter, hormone, gland or organ. Dr. Cowden explained, "This often happens because a man-made toxin such as a pesticide, herbicide, solvent, heavy metal or other chemical binds to the organ, gland, hormone receptor or neurotransmitter receptor, subsequently causing a hapten reaction in which the immune system identifies that toxin-tissue, toxin-hormone or neurotransmitter-toxin as being foreign. After that, the immune system continues to attack the altered self. The toxin(s) responsible for causing the auto-immune response can be easily identified with kinesiology because it will cause the previously identified muscle weakness to the organ, gland, hormone or neurotransmitter to become strong."

The next highest priority of LED treatment after auto-immunity is usually for heavy metals, especially the various forms of mercury, even if the heavy metal is not causing autoimmunity. Mercury is taken up by most parasites and certain other microbes in the body. When these microbes are killed, the mercury dumps back into the body and may need to be treated again. After all the mercury is effectively treated with LED, other critical heavy metals are usually treated next. Then, after the heavy metals, other pesticides

and herbicides not treated as part of the autoimmunity process usually take the next highest priority. If DDT pesticide is present, it often takes priority over other pesticides. After the critical pesticides and herbicides are treated, formaldehyde and formic acid, benzene, xylene and toluene, PCB, phthalates, petroleum byproducts as well as other man made toxins are considered. After that come aflatoxins and other biotoxins (ammonium causticum, botulinum, pyrogeniums), vaccine residuals and other pharmaceuticals.

Dr. Cowden has found that a toxin or group of toxins releases more easily, more gently, and more thoroughly if an LED is done for a group of energetically-associated flower essences and/or colors just before the LED for the toxin group. Sometimes food allergies resolve better if the LED for the associated flowers and/or colors immediately precedes the LED for the allergen.

A 22 year old woman woke up one day near quadriplegic. She had no history of preceding trauma. An exam and kinesiology confirmed Acute Transverse C6 Myelitis. Using a red and infrared light to carry into the patient's C6 area of the neck the homeopathic energies of mercury, dioxin, dursban, Salk polio vaccine and a group of encephalitis viruses allowed her to grip hands, raise arms and walk to her car. The quadriplegia resolved and has not recurred.

A 49-year old woman with a ten year history of drug-resistant insomnia did one LED for "auto-immunity" to her own serotonin and GABA presumably caused by two pesticides (Dursban and Heptachlor). That night, she slept ten hours without interruption and without drugs.

A 47-year old woman with lymphoma causing massive, painful enlargement of her liver and spleen was treated with an LED using a homeopathic vial made from her pathology slides. Her liver and spleen came down to nearly normal size within two weeks.

A 55-year old man with severe right hip pain showed bone-on-bone by x-ray. His treatment included LEDs and red and infrared light therapies for auto-immunity to the hip joint and dehydro-epiandrosterone presumably caused by formaldehyde, formic acid, mercury, polychlorinated biphenyls and dioxin. His pain resolved and his hip joint has regenerated without surgery.

How Is the Kinesiology Done?

Kinesiology, a form of muscle testing, is the key to developing accurate treatments. Dr. Cowden demonstrated the kinesiology at the seminar in Scottsdale. The first test is for open or blocked regulation. "Muscle testing done on a patient who has blocked regulation can give many incorrect results and is not reliable," he said. He explained that after the patient's regulation is opened, the patient must be rechecked every few minutes during the entire session to make sure that regulation remains open. If regulation blocks after initially being open, the unaddressed causes of blocked regulation, especially joint misalignment must be

explored. "The most common causes of blocked regulation include metals (jewelry, belt buckles, under-wire bras, etc.) worn on the body, toxic emotions, geopathic stress, physical toxins, allergies, nutrient deficiencies, structural misalignment and focal organ toxicity."

Once regulation is open, four critical issues must be checked in order to get reliable information from subsequent kinesiologic evaluation, said Dr. Cowden. These include switching (which usually means that the patient has adrenal exhaustion), a subconscious conflict about deserving health, hypothalamic weakness, and fractured personality, (which means that a childhood emotional trauma has created a need for the patient to fragment a part of his subconscious personality in order to protect himself from the memory and associated emotions. What is most important in resolving a fractured personality is recognizing its presence, and that the patient chooses to work towards resolving it.

Muscle testing may then commence looking for sulfa drugs, autoimmunity, other toxins, allergies, geopathic stress, electromagnetic fields, toxic foci, focal organ toxicity (also known as reverse organ spin), structural misalignments, and nutritional adequacy. A program is put together and tested for frequency and intervals between treatments. Detoxification supplements are determined by muscle testing.

The LED Treatment Process

Treatments usually take three to five minutes. Dr. Cowden has found that lymph treatment prior to LED treatment offers better results. Lymph therapy may include one or more of the following: rebounding, dry skin brushing, manual lymphatic drainage, ki therapy position for lymph, or specific types of machines called Lymphstar Pro, Light Beam Generator or Chi Machine. It is beneficial to have natural light during the lymph therapy with the patient wearing blue glasses, and then to darken the room as much as possible for the LED.

The laser to be used is a Class 3R laser (530-680 nm, 5 mW, cw max) or Class 3a laser pen light (630-680 nm, output is less than 5 mW). The laser light is shined through the appropriate homeopathic vials in the predetermined sequence. The technician is grounded and holds the laser in a position so that the back end of the laser does not point back at the technician's body.

A special red and infrared light shining through the appropriate homeopathic vial can be used to remove toxins from specific "stubborn" locations in the body either immediately before an LED session or 24 ½ hours after an LED session if any toxins get "hung-up". The red and infrared (RIR) light therapy can also substitute for neural therapy. If an RIR treatment is done before an LED on the areas of greatest inflammation (toxic foci, recent surgeries, recent injuries, etc.), the LED is much more likely to be complete when rechecked 24 ½ hours later. If a patient has an LED and toxins hang up in a specific

area, the RIR therapy can be used to drive the toxin out of that area so that the patient may proceed with the next LED as scheduled. Sometimes an acute situation arises unassociated with an LED requiring treatment of a toxin, microbe or both in a specific area of the body, and the RIR therapy works well for this also.

During treatment, there is a particular sequence that the laser must follow. Flower essences and the organs, glands, hormones and neurotransmitters are swept slowly up and down the bottoms of the feet, uncovered palms and forearms, and each ear including the sides of the head and neck. The vial containing the appropriate combination of flower essences for a session is always swept first, immediately prior to toxins or allergens. The vial containing the appropriate combination of homeopathically-diluted organs, glands, hormones and neurotransmitters for a session are swept immediately after the sweep of the toxins for that session. When shining the laser through a toxin, allergen or microbe vial, the entire body is swept with the laser shining through the homeopathic vial. First, the bottoms of the feet are swept slowly, along with the tops of the feet and lower legs to the knees, the knees to the waist, including the hands, forearms and especially all fingers and thumbs, the waist to the shoulders, the neck up to the face, skipping over the eyes, and then continuing over the forehead and top of the head, the side of the head, thoroughly covering the ears, and the back of the head, neck and shoulder down to the waist, including the arms, and finally from the waist down the legs to the heels of the feet, including the arms, backs of the hands and backs of the fingers.

Dr. Cowden explained Ki Emergency Techniques (www.kinginstitute.com) as a safety precaution for going through rapid detoxification with LED or other techniques. Although he does not expect this to happen, simple hand positions can help stop hearts attacks, asthma attacks, anaphylaxis, toxin overload, acute appendicitis, seizures, and severe pain.

The 24 ½ hours after a treatment is crucial for the patient. In the 24 ½ hour period after the LED treatment, the patient must drink 4 quarts of water. Preceding a treatment, skin must be clean and free of lotions, creams, makeup and any other skin product. Lotion and makeup may be applied after the LED session. Bowels must be moving at least two times a day during the LED 24 ½ hour detoxification period. If they are not, magnesium or vitamin C are increased to bowel tolerance. Patients must abstain from sexual intimacy during the 24 ½ hour detoxification period. No metal jewelry, under-wire bra, battery operated watch, metal belt buckle or metal zipper front closure jacket or shirt may be worn, and no hands-on body work may be received, such as massage, acupuncture, or chiropractic.

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In the first 24 1/2 hours, the patient should avoid the substance for which he is being treated, electric devices including cell phones, cordless phones, computer keyboards and monitors, television (keep a distance of 8' and use a pencil to touch a remote control), microwaves, irons, hair dryer, electric shavers, palm pilots, GPS devices, vacuum cleaners, electric stove tops and ovens, treadmills, electronic exercise bikes with monitors, CD tape recorder/radios with headsets, battery operated watches, beepers, battery operated toothbrushes, and other electrical devices as well as coffee and certain other caffeinated products. Avoid children, elderly people with a weakened immune system and pregnant women when being treated for pathogenic organisms like bacteria, viruses and vaccines. Avoid mint (peppermint and spearmint) toothpastes, mouthwash, breath mints, or mint gum, camphor, tea tree, eucalyptus, and certain other strong aromatic oils, x-rays including medical and dental, CT scan, MRI scan, PET scan and nuclear scans and any homeopathic that is used for treating the same substance for which the patient is being treated. Homeopathic labels should be read carefully.

LED is a safe and highly effective rapid detoxification therapy, explained Dr. Cowden. It removes many toxins in 24 1/2 hours that otherwise might take 50-100 days. Re-exposure to a substance in a concentrated form might require repeating a LED for that substance. For some individuals, approximately 10-15% of the LED groups need more than one treatment.

A ten-year old boy with daily asthma attacks requiring bronchodilator drugs and often emergency room visits had LED treatments for sulfa antibiotics, pertussis vaccine, mercury and for auto-immunity to the adrenal

cortex, lungs, DHEA, T3 and T4 presumably caused by dioxin, formaldehyde, formic acid, benzene, xylene and toluene. He is now off all drugs for asthma and no longer has asthma attacks.

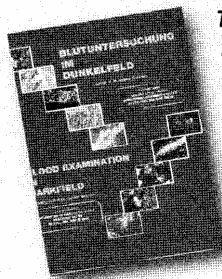
A 48-year old woman with many years of severe chronic fatigue, fibromyalgia, brain fog and pelvic pain not responsive to other therapies received LEDs for auto-immunity to her brain, spinal cord, liver, gall bladder, pancreas, uterus and acetylcholine presumably caused by formaldehyde, formic acid, mercury, dursban and heptachlor. In the first week of daily LEDs, she had a 70% improvement in all her symptoms. She travels three hours by airplane to come for treatment and is essentially well now.

A 65 year old man with a history of myocardial infarction complicated by cardiac arrest and multi-vessel tight coronary stenoses seen on cardiac catheterization refused open-heart surgery, and instead had LEDs for mercury, pesticides, herbicides and Chlamydia and then started on Cumanda, Magnesium Malate, L-lysine, vitamin C, Coenzyme Q10, and lumbrokinase. By the tenth week he had great results on a stress-thallium test, and no longer required open-heart surgery or other invasive procedures. He returned to full time work and resumed walking three miles daily up and down hills and is doing well more than a year later.

Integrative medicine doctors who came to the July 2006 LED conference and had started using the LED on their patients following previous LED conferences were amazed and gratified from the results they had been getting with patients. This type of detoxification appears to hold tremendous promise for those patients who are toxin overloaded and chronically ill because of the toxicity. ✿

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